

The sun is shining and school is coming to an end. Congratulations on completing a challenging year for everyone. Now ... are you up for some new challenges?

Summer Challenge:

You can challenge your siblings, your parents, your friends, or even yourself.

Can you hike White Face Mountain?

4865 feet high Can you climb this many stairs to conquer the mountain?

https://en.wikipedia.org/wiki/Whiteface_Mountain

Can you hike Cobbs Hill?

633 feet high Can you climb this many stairs to conquer the hill?

https://en.wikipedia.org/wiki/Cobbs_Hill_Reservoir

Can you walk to Niagara Falls?

89.2 miles from West Ridge Elementary to Niagara Falls. Keep track of those steps.

Can you walk to High Falls?

10.8 miles from West Ridge Elementary to High Falls in downtown Rochester. Keep track of those steps.

Can you swim to Canada?

93.26 miles from Ontario Beach Park to Toronto, Canada across Lake Ontario

It takes about 30 minutes to swim a mile for a beginner. You would need to swim for about 47 hours to reach Canada. Keep track of your pool/swimming time.

Sunny Day (Active)ities

Rainy Day (Active)ities